



The Grind Cowl Luminosa

A slip stitch repeat that shows off the beautiful metallic look of this yarn!



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Instructions

Cast on 120 stitches. Place beginning of the round marker.

Knit a 1x1 rib. (K1, P1) repeat for 5 rounds.

Increase round: k3, (k12, kfb) to marker. (129 stitches)

Slipped Stitch Pattern

Round 1: *Knit 2, sl3wyif. Repeat from * until 4 stitches remain. K2, sl2wyif, remove marker and sl1wyif, then replace marker. You will now have 3 slipped stitches with yarn in front. Your beginning of the round marker has traveled 1 stitch to the left.

Round 2: Knit.

Work **Round 1 & 2** of **The Slipped Stitch Pattern** until you have a minimum of 25yards remaining, ending after knitting a Round 1.

Decrease Round: k3, (k12, k2tog) to marker. (120 stitches)

Knit a 1x1 rib. (K1, P1) repeat for 5 rounds. Bind off loosely; weave in ends.

Materials

Yarn: 1 skein – Cascade *Luminosa*; 240yds/100g ball. 52% Viscose, 44% Baby Alpaca, 4% Merino Wool. Color 03
Needle: US8 24” circular

Finished Size & Gauge

Approx. 26” x 9” blocked
20 sts = 4” in slipped st pattern

Abbreviations

K=Knit
P=purl
Kfb=increase 1 stitch by knitting into the front and back of stitch.
K2tog= knit next 2 stitches together.
Slwyif= Move yarn to the front and slip stitches as if to purl, move yarn to back.



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