



The Grind Mitten

By Aimee Pelletier

We have a favorite coffee shop in Stillwater, it's called The Daily Grind and we love it.

It's warm and inviting, with friends that greet you. It's the best place to hang out for the morning, drink a latte and knit a pair of mittens.



Instructions

Cast on 36 stitches. Arrange 18 stitches on one needle and 18 on the other then join in the round. (K1, p1) for 2.5”.

Round 1: (k3, kfb) repeat around – 45 stitches

Round 2: (k10, kfb) repeat to one stitch before end and knit last stitch – 49 stitches

Place marker to note beginning of round.

Round 3: (K2, sl3wyif) repeat to 2 stitches before marker, slip 2 stitches with yarn in front, remove marker, slip first stitch of round with yarn in front still and then replace marker. The start of the round has now shifted over 1 stitch. The marker will continue to move 1 stitch every odd row.

Round 4: Knit every stitch

Rounds 5 – 27: Repeat rows 3 & 4.

Mark for afterthought thumb

Round 28: Left hand - Knit every stitch until 12 stitches before the marker. Knit 8 stitches with scrap yarn. Slide those 8 stitches just knit back to left needle and knit them again with working yarn. Continue knitting the last 4 stitches of the round.

Round 28 – Right hand – Knit 25 stitches, then knit 8 stitches with scrap yarn. Slide those 8 stitches just knit back to the left needle and knit them again with working yarn. Continue knitting the rest of the round.

Rounds 29 - 67: Continue to repeat rows 3 & 4 as established. At the end of round 67 you will have to rearrange the stitches for the top decrease. Make sure you have just completed a slipped stitch row.



Materials

Needle: US6 - 32” or longer needles. This pattern is written for magic loop knitting.

Yarn: Sun Valley Fibers, 80/10/10 Merino, Cashmere, Nylon (220yds/100g)

Color: La La Latte

Notions: Yarn needle, different color scrap yarn, stitch marker

Size One size fits most

Gauge approx 6 sts x 7 rows/inch in pattern

Abbreviations/Definitions

k=knit

kfb=knit into the front of the stitch, then the back of the same stitch (increases 1)

k2tog=knit 2 stitches together (decreases 1)

k3tog=knit 3 stitches together (decreases 2)

sl3 wyif=slip the next 3 stitches as if to purl while holding the yarn in front.



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Decrease for mitten top

Arrange stitches with 24 stitches on front needle or 1st needle to be knit (FN) and 25 stitches on back needle or 2nd needle to be knit (BN)

Round 1: (FN) k2tog, knit 20 stitches, k2tog, (BN) k3tog, knit 20 stitches, k2tog. *44 stitches*

Round 2: (FN) k1, sl3wyif, (k2, sl3wyif) 3 times, k3 (BN) k1, sl3wyif, (k2, sl3wyif) 3 times, k3

Round 3: and all odd rows: (FN) k2tog, knit until 2 stitches remain on needle, k2tog, (BN) k2tog, knit until 2 stitches remain on needle, k2tog. *40 stitches – decreases 4 stitches each odd row*

Round 4: (FN) k1, sl3wyif, (k2, sl3wyif) 3 times, k1, (BN) k1, sl3wyif, (k2, sl3wyif) 3 times, k1

Round 6: (FN) k1, sl3wyif, (k2, sl3wyif) 2 times, k4, (BN) k1, sl3wyif (k2, sl3wyif) 2 times, k4

Round 8: (FN) k1, sl3wyif, (k2, sl3wyif) 2 times, k2, (BN) k1, sl3wyif (k2, sl3wyif) 2 times, k2

Round 10: (FN) k1, sl3wyif, k2, sl3wyif, k2, sl2wyif, k1, (BN) k1, sl3wyif, k2, sl3wyif, k2, sl2wyif, k1

Round 11: repeat row 3

24 stitches remain. Split stitches evenly onto 2 needles, and use kitchener stitch to close.

Thumb

Remove the scrap yarn and put the 16 held off stitches on needles. Pick up one stitch on each edge, so you have 18 stitches on the needles. Knit until it covers your thumb. Knit 2 stitches together around until you have 9 stitches on the needles. Cut the yarn, cinch closed, and weave in the ends.



Kitchener Stitch

Insert the threaded tapestry needle into the first stitch on the front needle as if to purl and pull it through, leaving the stitch on the needle. Then insert the needle into the first stitch on the back needle as if to knit, leaving the stitch on the needle. Pull the yarn through.

Repeat the **next 4 steps** until you've worked every stitch on the needle.

1. Insert the needle into the first stitch on the front needle as if to knit, and slip the stitch off the needle.
2. Insert the needle into the next stitch on the front needle as if to purl, but this time, leave it on the needle. Gently pull the yarn through.
3. Insert the needle into the first stitch on the back needle as if to purl, and slip the stitch off the needle.
4. Insert the needle into the next stitch on the back needle as if to knit, and leave it on the needle. Pull the yarn through.

Repeat steps 1 – 4 until you have 2 stitches left on your needles. You'll then repeat step 1 then go directly to step 3.

Tighten and secure!

